



SPA CENVAREE

RETREAT

Tariff
(USD ++)

RETREAT PROGRAMMES

Weight Loss Retreat	All-day	800
Detox	All-day	800
Stress Management	All-day	800

Duration
(min) Tariff
(USD ++)

WELLNESS CLASS

Yoga	90	200
Stretching	60	150
Meditation	30	120

AYURVEDA JOURNEYS

Shirodara	60/90	250/280
Shiroabhyanga	60/90	200/250
Marma Abhyanga	60/90	200/250

ASIAN THERAPY

Holistic Massage	90	230
Balinese Massage	90	200
Four Hands Massage	90	250
Jet Lag Recovery	90	230
Oriental Massage	90	230
Foot Acupressure	45	180

SKIN FOOD

Natura Facial	60	220
Body Scrub	60	170
Body Wrap Karumba Kashi Body Warp	60	180

SPA BEAUTY

Deluxe Spa Manicure	60	110
Deluxe Spa Pedicure	60	120

CENTARA GRAND LAGOON MALDIVES

North Male Atoll, Maldives

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