



B Y J W



Welcome to Spa by JW, an experience that favors simplicity over complexity, clarity over mystery. Knowing your time is valuable, we offer express spa treatments as a simple indulgence. And our inviting spa lounge is the perfect place to gather with a group or simply unwind and take a moment.

Spa by JW delivers experiential retail and treatments that are tailored to your exact needs and focused on delivering four distinctive benefits — Calm, Indulge, Invigorate and Renew. Whether you're fatigued from a long journey or simply desire a well-deserved retreat, we provide a personalized spa experience that is as effortless as it is rewarding. Begin your journey with your desired results in mind.

## CALM

Reset for a moment of serenity. Find your center by slowing down time, so you're ready to take on whatever comes next.

## INDULGE

You deserve the best. For all that you do, take time for some special nourishment. After all, life's simplest pleasures should not be forgotten.

## INVIGORATE

Stress takes its toll. Embrace your own vitality by replacing what's been lost, enlivening your body and clarifying your mind.

## RENEW

Unclutter your mind and body. Our busy lives often leave little room to focus on ourselves. Cleanse and purify to gain absolute clarity.

# CALM

So much is expected of us — to be brilliant, be ready, be connected. Why not just be? We take the idea a step further, removing distractions and excess to create an environment of simple tranquility. Our signature treatments oblige with a calming effect. Let Spa by JW slow your world down, for as long as you like.



CALM

# CALM

## MASSAGE

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### ISLAND HARMONY

*Embark on a journey of tranquility with a bespoke treatment that blends the rhythmic techniques of Balinese massage with the soothing strokes of Swedish massage, creating a freestyle symphony of relaxation. (60, 90, OR 120 MINUTES)*

### RELAXING AROMATHERAPY

*Immerse your senses in pure tranquility. This treatment uses light to medium pressure, tailored to ease both mind and body. Begin with a visit to our Scent Bar, where you'll select your personal aromatic blend, crafted with nourishing oils to restore balance and harmony. (60, 90, OR 120 MINUTES)*

## FACIAL

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### SENSITIVE: CALM & SOOTHE

*Perfect for delicate skin, this calming facial soothes irritation, restores balance, and enhances your natural radiance. Precision-crafted BABOR formulas strengthen your skin's defenses, leaving you with a healthy, glowing complexion. (60 MINUTES)*

### REGENERATION & REPAIR

*Experience profound rejuvenation with this deeply hydrating and restorative facial, designed for extremely sensitive skin. BABOR's advanced formulas delivers instant relief, repairs the skin's protective barrier, and restores vitality. (90 MINUTES)*

## BODY

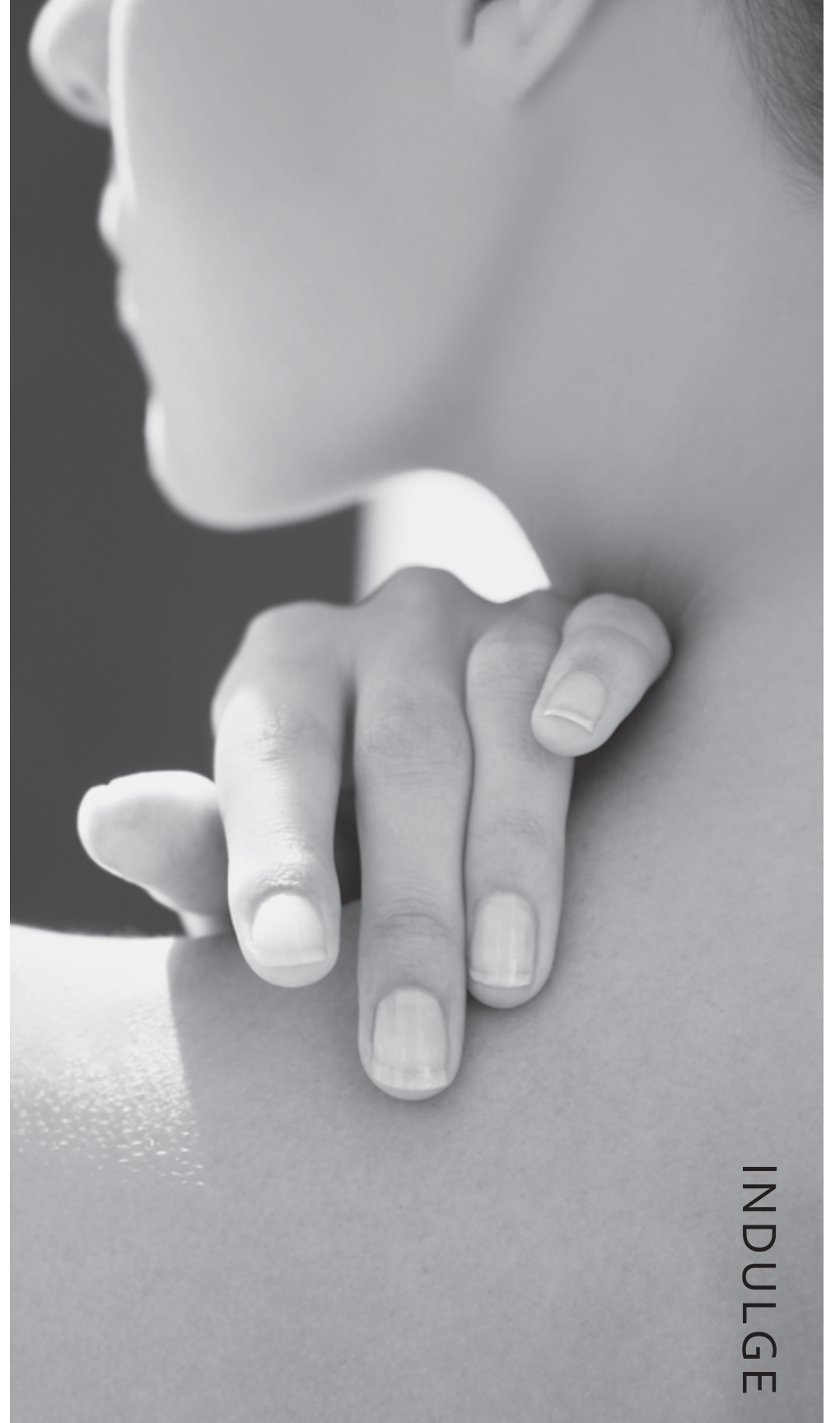
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### OCEAN BLISS

*Immerse yourself in the mystical world of the ocean with our Signature Treatment. Active ingredients from the depths of the sea nourish your skin while promoting deep relaxation. This treatment mimics cold and warm ocean currents, enhancing microcirculation and boosting nutrient absorption. A grounding body treatment and indulgent facial leave your skin glowing, while the serene surroundings restore your mind and spirit. (120 MINUTES)*

# INDULGE

Everyone deserves a moment of pampering, without guilt or reservation. At Spa by JW we offer an indulgent experience through a range of therapeutic treatments that soothe in the most sublime and simplistic way. A rewarding feeling that will stay with you long after you leave.



INDULGE

# INDULGE

## MASSAGE

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### STRESS RELIEF

*Rediscover balance with this sensorial massage journey, blending techniques from around the world to melt away tension and replenish your energy. Through mobilizing movements and firm, deliberate strokes, this treatment targets stress, leaving you refreshed and revitalized. (60 OR 90 MINUTES)*

### THAI STRETCHING

*Immerse yourself in the ancient art of Thai Stretching Massage, a holistic full-body experience that harmonizes gentle stretches with deep, targeted pressure. Performed in our serene spa pavilion, this traditional therapy eases muscle tension, enhances flexibility, and restores your natural energy flow. (60 OR 90 MINUTES)*

## FACIAL

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### HSR LIFTING

*The HSR treatment is a combination of an indulging facial and a cosmetic face-lift against all types of fine lines - for visibly firmer and smoother skin. Choose youthful, beautiful skin and treat yourself to luxurious anti-aging treatments with noticeable results. (60 MINUTES)*

### SEACREATION

*Unlock the ocean's secrets with our premium SeaCreation facial. Using advanced marine-based ingredients, this treatment deeply hydrates, sculpts, and rejuvenates your skin. A soothing lymphatic massage and active serums work together to restore elasticity and deliver a luminous, youthful glow. Perfect for those seeking the ultimate anti-aging ritual. (90 MINUTES)*

## BODY

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### NOURISHING RITUAL

*Surrender to pure indulgence with our signature ritual that pampers both body and soul. Begin with a luxurious body wrap, designed to deeply hydrate and calm your skin. Followed by a soothing massage that melts away tension, this exquisite treatment leaves your skin velvety-smooth and your spirit completely at ease. (90 MINUTES)*

# INVIGORATE

The stresses of travel and everyday life all take a toll, making energy elusive. Replace what's been lost with treatments designed to focus on your body's less obvious engines and enliven every facet of your being. At Spa by JW, find balance and energy on your way to a new vitality.



INVIGORATE



# INVIGORATE

## MASSAGE

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### HOT STONE AND COLD JADE MASSAGE

*Immerse yourself in the ultimate sensory journey with this exquisite contrast therapy. Warm, heated stones dissolve deep muscle tension and stimulate circulation, while cool Jade stones soothe and refresh the skin. This harmonious blend balances your body's energy flow, leaving you deeply relaxed and recharged. (90 MINUTES)*

### HERBAL POULTICE REMEDY

*Discover the therapeutic embrace of warm, aromatic herbal compresses paired with a nourishing herbal oil massage. This age-old remedy targets muscle aches and joint pain, releasing tension throughout the body and enveloping you in soothing comfort. (90 MINUTES)*

## FACIAL

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### HYDRATION: HYDRATE & PLUMP

*Quench your skin's thirst with this energizing facial that revives and repairs for a dewy, radiant glow. Babor's advanced formulas infuse deep hydration and plumping effects, restoring your skin to its most luminous state. (90 MINUTES)*

### RESURFACE: BRIGHT & GLOW

*Reveal your skin's brilliance with this luxurious facial, designed to resurface and brighten. Targeting pigmentation, uneven tone, and texture, this treatment leaves you with a smoother complexion and a radiant, glowing finish. (60 MINUTES)*

## BODY

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### SUN-KISSED RECOVERY

*Soothe your sun-kissed skin with this luxurious recovery treatment. Begin with our Aloe Vera Sun Soother, designed to calm and restore vitality to sun-exposed skin, followed by a gentle aromatherapy massage inspired by the ocean's rhythmic waves. Perfect for sun-sensitive or sunburned guests, this experience rejuvenates your skin while melting away tension. (90 MINUTES)*



# RENEW

What was lost can now be found. Discover a sense of clarity, a more balanced life and that state of well-being that has drifted too far from center. Get back to the necessity of simply feeling good — about your body, your mind and your spirit. From massages to facials to total body treatments, emerge from a highly personalized treatment feeling refreshed and rejuvenated.



RENEW

# RENEW

## MASSAGE

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### RENEWAL FLOW

*Experience the art of fluid motion with this massage, where rhythmic strokes using hands and forearms melt away tension and reinvigorate your body. This therapeutic technique not only eases physical stress but also promotes emotional harmony, clearing energy blockages and restoring balance within. (60 OR 90 MINUTES)*

### MUSCLE REVIVE THERAPY

*Designed for those in need of deep relief, this intensive massage works deep into stiff and aching muscles to alleviate pain and tension. Simultaneously, the treatment calms a stressed mind, creating a holistic experience of relaxation and renewal. (90 MINUTES)*

## FACIAL

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### RESURFACE - RENEW

*Rediscover your skin's youthful glow with this revitalizing facial. Using BABOR's advanced skincare technology, this treatment targets pigmentation, fine lines, and uneven texture, unveiling a luminous and refreshed complexion. Perfect for those seeking radiant renewal. (60 OR 90 MINUTES)*

## BODY

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### SOUL AND BODY RENÉWAL

*Revitalize your body and mind with this signature renewal treatment. Begin with a gentle fruit acid-based peel to exfoliate and reveal fresh, radiant skin. Follow with a deeply relaxing massage to ease muscle tension and restore energy, leaving you feeling entirely refreshed from head to toe.*

*Skin Refining Salt-Oil Peeling Treatment (60 MINUTES)*

*Skin Refining Massage with AHA Dry Peeling (90 MINUTES)*

### RESTORATIVE ROSE

*Celebrate the uplifting power of roses in this luxurious treatment designed to enrich both your skin and spirit. Start with an indulgent exfoliation to unveil glowing skin, followed by a nourishing wrap that softens and hydrates. Infused with Aromatherapy signature rose essence, this experience is a true ode to happiness and vitality. (60 MINUTES)*

# ENHANCEMENTS

## MASSAGE

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### TARGETED MASSAGE

*Extend your treatment with a personalized massage designed to focus on areas that need extra care. Ideal for relieving specific tension or enhancing overall relaxation.*

**(30 MINUTES)**

## FACIAL

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### CLEAN & VEGAN, HEALTHY GLOW

*Nourish your skin with this clean, vegan facial enhancement designed for young, demanding, and dehydrated skin. Intensive hydration delivers a healthy, luminous glow.*

**(30 MINUTES)**

### EYE CONTOUR

*Refresh and revive tired eyes with this high-impact treatment. Target fine lines, puffiness, and dark circles, reducing the visible signs of fatigue and aging.*

**(30 MINUTES)**

### DEEP CLEANSING FACIAL

*Purify your skin with an express deep pore cleansing treatment that leaves your complexion refreshed, balanced, and perfectly prepared for further pampering.*

**(30 MINUTES)**

### EXPRESS HYDRA BOOST

*Infuse your skin with concentrated hydration. This ampoule-based treatment delivers an immediate glow and visibly rejuvenates your complexion.*

**(30 MINUTES)**

## BODY

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### ROSE TRIPLE EXFOLIATOR

*Indulge in a luxurious rose-infused exfoliation treatment. This triple-action scrub gently polishes and refines your skin, leaving it silky smooth and radiant.*

**(30 MINUTES)**

### SALT-OIL PEELING TREATMENT

*Gentle full-body scrub made from mineral-rich sea salt and nourishing oil for velvety soft skin.*

**(30 MINUTES)**

## ADD ON

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### BABOR AMPOULE BOOST

*The highly concentrated active fluids provide an exclusive skincare experience for every skin type and condition—with an immediate effect.*

### TARGETED DE-STRESS MUSCLE GEL

*The indulgent De-Stress Muscle Gel helps soothe and refresh worn-out muscles.*

### ALOE VERA GEL

*This add-on provides replenishment and hydration to skin while restoring moisture.*

# BATH RITUALS

*Elevate your spa journey with a carefully curated bath ritual, designed to enhance the benefits of your treatment. These indulgent soaks prepare your body and mind for deeper relaxation and rejuvenation, tailored to your unique needs.*

## **CALM**

*Immerse yourself in tranquility with a soothing blend of lavender and chamomile essential oils. This serene bath provides a peaceful escape, calming both the mind and body. (30 MINUTES)*

## **INDULGE**

*Sink into luxury with a creamy milk bath infused with delicate rose petals and nourishing oils. This decadent experience hydrates, softens, and leaves your skin with a radiant glow. (30 MINUTES)*

## **INVIGORATE**

*Awaken your senses with an energizing bath featuring refreshing citrus oils and eucalyptus. Designed to stimulate circulation and refresh your skin, this revitalizing soak leaves you feeling recharged. (30 MINUTES)*

## **RENEW**

*Purify and rejuvenate with a detoxifying soak enriched with sea minerals and cleansing salts. This revitalizing ritual restores balance and renews your body from within. (30 MINUTES)*

# WELLNESS JOURNEYS

*Embark on a transformative path to rejuvenation with our thoughtfully curated wellness experiences. Whether you seek balance, strength, or serenity, our offerings are designed to nourish your body, mind, and soul.*

## **PERSONALIZED YOGA EXPERIENCE**

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*Discover the perfect yoga practice tailored to your unique needs. Whether you're a beginner building a foundation or an experienced yogi seeking to deepen your flow, our expert instructor will guide you through a session designed to enhance your strength, flexibility, and mindfulness. (60 MINUTES)*

## **INNER HARMONY**

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*Cultivate peace within through a personalized meditation session. Designed to quiet the mind and nurture mindfulness, this practice brings deep relaxation and mental clarity, leaving you balanced and serene. (60 MINUTES)*

## **3-DAY WELLNESS JOURNEY**

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*Immerse yourself in the Wellness Journey, a bespoke 3-day program crafted to detoxify, restore, and rejuvenate. This holistic escape blends luxurious treatments, mindful practices, and nourishing culinary experiences for a complete renewal of body and spirit.*

### **DAY 1 – DETOX & REJUVENATE**

- *Sunrise Balance Yoga: Awaken your senses with a grounding yoga session. (60 MINUTES)*
- *JW Detox Elixir: Begin your detox journey with a revitalizing, nutrient-packed drink.*
- *Wellness Lunch at "Pure": Enjoy a curated menu designed to nourish and energize.*
- *Radiance Body Polish: Reveal glowing skin with this gentle exfoliation ritual. (30 MINUTES)*
- *Island Harmony Massage: Melt away tension with this rhythmic, rejuvenating massage. (60 MINUTES)*

# WELLNESS JOURNEYS

## DAY 2 – RESTORE & STRENGTHEN

- *Personal Strength Energizer (PT): A private fitness session to energize and empower. (45 MINUTES)*
- *JW Vitality Juice: Recharge with a refreshing and nourishing juice blend.*
- *Wellness Lunch at "Pure": Relish a menu crafted to restore and sustain energy.*
- *Aromatherapy Journey: A luxurious full-body massage to calm the mind and relax the body. (90 MINUTES)*
- *Mindfulness Meditation: Quiet your thoughts and find your inner calm. (30 MINUTES)*

## DAY 3 – REJUVENATE & GLOW

- *Sunrise Flow Yoga: Begin your day with a revitalizing yoga session that enhances flexibility and energy flow. (60 MINUTES)*
- *JW Detox Refresher: A bespoke experience designed to leave you glowing from within*
- *Wellness Lunch at "Pure": Savor a thoughtfully curated menu to enhance your radiance from the inside out.*
- *Radiance Facial: Revive your skin with this luxurious facial, designed to deeply hydrate, smooth, and illuminate. (60 MINUTES)*

*Step into a world of complete renewal with the JW Wellness Journey, your gateway to lasting harmony and vitality.*

# KIDS SELECTION

*Introduce your little ones to the world of wellness with our specially curated kids' spa experiences. Designed with gentle, natural products, each treatment is crafted to provide relaxation, care, and a touch of fun for young spa enthusiasts.*

## **LITTLE SPARKLES HANDS**

*A delightful manicure designed just for little hands. Nails are gently shaped, and the treatment finishes with a natural buff or a fun pop of polish in their favorite color.*

**(30 MINUTES)**

## **HAPPY FEET & COLORING FUN**

*Tiny toes get the ultimate care with this bubbly pedicure. Includes a relaxing soak, gentle exfoliation, nail shaping, and finishing with a natural buff or a cheerful polish for happy feet. **(30 MINUTES)***

## **GLOW DUO - HANDS & FEET**

*The ultimate pampering session for little stars! This combined manicure and pedicure gently cares for hands and feet, with attention to nail shaping and finishing with a vibrant polish to make them shine. Perfect for young guests to feel special and confident.*

**(30 MINUTES)**

*Kids menu is only for children aged 7-14 years.*



# HOW TO SPA

SPA OPERATING HOURS: DAILY 10.00 AM - 8.00 PM

## SCHEDULING AN APPOINTMENT

To schedule an appointment for a treatment, please speak with your butler or contact our team at the Spa by JW reception, who will be happy to help you with your selection. To ensure availability of your preferred time and service, we recommend making your reservation in advance.

## TREATMENT PREPARATION AND ARRIVAL TIME

We kindly request your arrival at least 60 minutes prior to your appointment time to fully enjoy your pre-spa experience, including access to the steam room, sauna, and outdoor whirlpool. For guests visiting solely for a treatment, we recommend arriving at least 15 minutes prior to your scheduled time. Please note that late arrivals may result in a shortened treatment duration.

## SPA PAVILION

The Spa Pavilion is the ideal location for yoga, meditation, and reflection. Private and small group classes are held here. The Spa by JW team will be delighted to assist you in making a reservation.

## SPA ETIQUETTE

Spa by JW is thoughtfully designed to provide a harmonious blend of tranquility and social connection. To maintain this serene environment, we kindly ask that mobile phone usage be kept to a minimum and encourage you to store them in your designated locker. Spa by JW is a smoke-free space. For your convenience, towels, slippers, a shower cap, and essential amenities will be provided during your visit.

## HEALTH CONDITIONS

When making your Spa by JW reservation, please advise us of any health conditions, allergies, or injuries that could affect your experience.

## PREGNANCY

Our priority is your comfort and well-being. We kindly ask that you inform us if you are pregnant or have any significant health considerations when booking your treatments. For your safety, we recommend scheduling massage and body treatments only after the first trimester of pregnancy.

## CHILDREN'S POLICY

Spa by JW offers a unique spa experience tailored for children between 7-14 years, accompanied by a parent or guardian. Please note that access to heat experiences, including the steam room, sauna and whirlpool is exclusively for guests aged 18 years and above.

## CANCELLATION POLICY

For cancellations or changes in appointments, a minimum of 12 hours advance notice is required in order to avoid being charged in full.

## GIFT VOUCHERS

Please contact Spa by JW team for more details.

## HOME CARE

To continue your spa experience at home, most products used in our treatments are available at the Spa by JW retail shop.

## FITNESS CENTER

The fitness center, open 24 hours a day, offers the latest cardio and weight equipment accessible to all resort guests over 16 years.

## PRICES

All prices are quoted in US dollars and are subject to applicable government tax and service charges.





BY **JW**

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